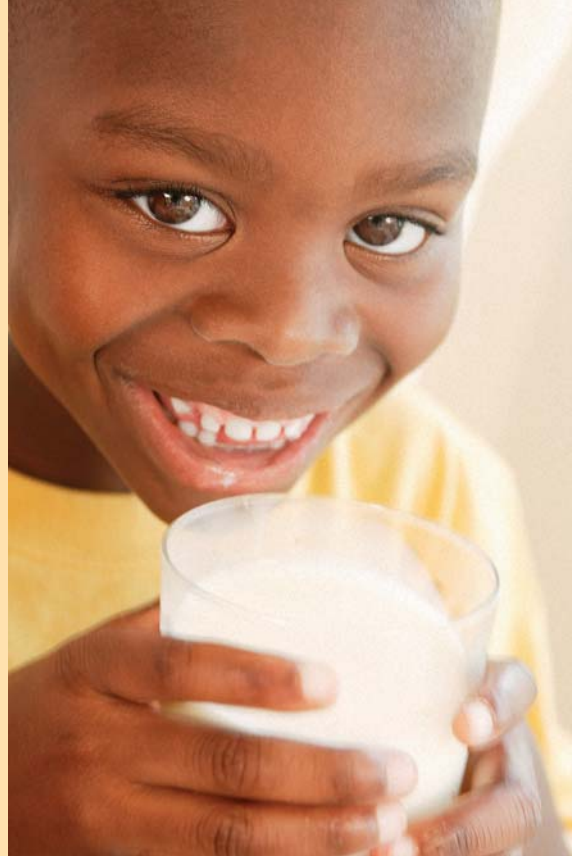


What to bring to the WIC certification visit:

- Bring EACH family member who is applying to receive WIC services.
- Bring proof of ALL income for everyone in the household (before taxes and deductions are taken out). Income includes such things as: salaries, child support and alimony, foster care payments, interest withdrawn, unemployment compensation, and military earnings;
OR, if you receive **Medicaid, Temporary Cash Assistance (TCA), or Food Stamps**, you are income-eligible for WIC. (If you do not receive Medicaid or TCA, but other members of your household receive these benefits, you might be income-eligible for WIC.) WIC staff can verify your enrollment in these programs. However, it is helpful to bring the current **“Notice of Case Action”** letter, which is proof of eligibility for one or more of these programs.
- Bring ONE proof of where you live (no P.O. boxes). The document must be current and show your name and address. Items that are allowed include a utility bill, bank/insurance statement, or driver's license. You must be currently living in Florida, but you don't have to be a U.S. citizen.
- Bring ONE proof of identification for you and ONE proof of identification for any infant or child applying for WIC, such as a birth certificate, driver's license, crib card, military ID, photo ID, Social Security Card, or hospital record.
- For EACH woman, infant, and child applying for WIC, you will need:
A recent height and weight measurement (no older than 60 days), and
Hemoglobin or hematocrit blood test results (not required for infants under 9 months).
Ask your doctor or health clinic to fill out this health information on a WIC Medical Referral Form. Or, the WIC office will help you get this health information.
- Bring the **Social Security Number** for each person applying for WIC, if available.
- Bring the **immunization (shot) record** for each child.



Local WIC office:

For more information visit the WIC website at:
www.FloridaWIC.org

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

DH 150-310, 4/09 Stock Number: 5730-310-0150-3



Call WIC today!

Do you have a baby or child under age 5?

Are you pregnant or breastfeeding?

Look inside to see if you meet the
WIC Income Guidelines!

FLORIDA
WIC

Good Nutrition for
Women, Infants & Children

1-800-342-3556

WIC is a nutrition program for women who are pregnant or breastfeeding or who have recently been pregnant, infants & children under age 5.



WIC provides the following at no cost:

- healthy foods
- nutrition education and counseling
- breastfeeding support
- referrals to health care, immunizations, and community services

To be income-eligible for WIC:

You must have a total household income equal to or less than the amounts shown in the [WIC Income Guidelines](#).

OR you are income-eligible if you are currently receiving Medicaid, Temporary Cash Assistance (TCA), or Food Stamps. However, you do not have to be on a public assistance program to qualify for WIC.



WIC Income Guidelines

For a pregnant woman, each unborn baby counts as 1 extra person in the household size.

Household Size	Monthly Income BEFORE TAXES & DEDUCTIONS
1	\$1,670
2	\$2,247
3	\$2,823
4	\$3,400
5	\$3,976
6	\$4,553
7	\$5,130
8	\$5,706

Revised 4/1/09
Each year, these dollar amounts may increase.



To apply for WIC:

- Call your local WIC office or call toll free **1-800-342-3556** and the operator will provide you with the local phone number.
- The local WIC office will give you a date and time for a WIC certification visit. At this visit, the household income and the medical/nutrition status of each applicant will be reviewed. On that day, you will find out if you and your children are eligible for WIC.
- To find out what to bring to the WIC certification visit, see the other side of this brochure.

